



The Arnolds IFK Americas Cup March 1st – 3rd, 2019

Ohio Expo Center
Columbus, Ohio

www.USAKYOKUSHIN.com

ARNOLD
The First Annual
**IFK Kyokushin
Americas Cup**
March 1 - 3, 2019

Ohio Expo Center
Buckeye Bldg.
717 East 17th Ave.
Columbus, OH

Open to ALL Styles

Men Women Children Divisions

Full Contact Knockdown
Semi Contact Fighting
Open Point Fighting
Continuous Point Fighting
Open Empty-Hand Kata
Open Weapons Kata
Family Kata
Ogawa Breaching

For More Information Contact
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www.uskyokushin.com
www.arnoldsportsfestival.com
www.arnoldfbio.com

IFK-KYOKUSHIN KARATE DIVSIONS

Divisions for Kyokushin IFK Kata, Kyokushin Open Kata, Weapons, Breaking, Semi-Contact Fighting (“Full Contact W/Pads”), Open Point Fighting (W/Pads), Clicker Fighting (Continuous “Non-Contact” Point Fighting), Knockdown (“Full Contact” NO PADS- Adults Only) Divisions

NOTE: *The tournament director reserves the right to combine or alter any divisions.*

NOTE: *Separate Divisions for Male & Female Competitors*

JUNIOR CHILDREN DIVISIONS:

AGE **DIVISION**

4-6 years Beginner
4-6 years Intermediate

Novice 0 -9 months experience

Beginner 9-18 months experience

Intermediate 18 months - 4years experience

Advance 4 years or more (Masters Divisions dependent on number of applicants)

CHILDREN DIVISIONS

AGE	DIVISION	AGE	DIVISION
7-8 years	Novice	11-12 years	Novice
7-8 years	Beginner	11-12 years	Beginner
7-8 years	Intermediate	11-12 years	Intermediate
7-8 years	Advanced	11-12 years	Advanced
9-10 years	Novice	13-14 years	Novice
9-10 years	Beginner	13-14 years	Beginner
9-10 years	Intermediate	13-14 years	Intermediate
9-10 years	Advanced	13-14 years	Advanced

JUNIOR ADULT DIVISIONS

AGE	DIVISION	AGE	DIVISION
15-17 years	Novice	15-17 years	Intermediate
15-17 years	Beginner	15-17 years	Advanced

ADULT DIVISIONS

AGE	DIVISION	AGE	DIVISION
18-34 years	Novice	35-49 years	Novice
18-34 years	Beginner	35-49 years	Beginner
18-34 years	Intermediate	35-49 years	Intermediate
18-34 years	Advanced	35-49 years	Advanced
<i>50 years & over</i>	<i>Novice</i>		
<i>50 years & over</i>	<i>Beginner</i>		
<i>50 years & over</i>	<i>Intermediate</i>		
<i>50 years & over</i>	<i>Advanced</i>		