

#### January 2018

Dear Competitors, Families and Supporters:

It is with great excitement that we welcome you to the ARNOLD MARTIAL ARTS FESTIVAL PARA MARTIAL ARTS COMPETITION and the first collaboration between Possibilities Unlimited International, IKKAIDO and the Arnold Martial Arts Festival.

We are honored to invite you to this historical event and we look forward to providing you with a day of recognition, outstanding competition, and inspirational performances.

This tournament marks another step forward in fulfilling the vision and mission of Possibilities Unlimited Int'l. Our nonprofit organization works to provide martial arts and other recreational services to individuals with physical, developmental, and emotional challenges. PUI is celebrating its 16th anniversary this year providing Adapted/Therapeutic Martial Arts and Leadership services at various locations in Southern California. PUI, created as the outgrowth of my dream and passion of over 40 years of teaching martial arts to specially challenged students. PUI's specialized adapted martial arts and After School Programs will soon reach hundreds of children and adults in the San Gabriel/Pomona Valleys and the greater Los Angeles area.

It is our vision that this tournament, along with the Ikkaido initiatives begin a grassroots effort being made on behalf of martial artists with special challenges all over the world, be consolidated to create an ongoing avenue of sports competitions world-wide. Please join us in ensuring that such a unified effort succeeds.

Sincerely in PARA Martial Arts,

Anthony C. Marquez, Sr., Hanshi Arnold PARA Martial Arts, Tournament Director President/CEO, PUI President, IKKAIDO USA

#### Regulations

- PUI Adapted Martial Arts rules for all styles (guidelines available upon request).
- The tournament sponsor reserves the right to combine or change any group of events when appropriate.
- Competitors must wear a clean martial arts uniform of their style. Toenails and fingernails must be trimmed short.
- 1st, 2nd, 4th and 4th place winners will receive special awards. Awards in all divisions.

#### Forms:

All competitors may perform forms of their choice.

#### Sparring:

- Flag Sparring Systemy will be used for those that cannot meet body Sparring requirements.
- No body contact in sparring matches, contact to the body results in disqualification.
- Two-minute, five point system, five full points or ten half points wins the match.
- Wrapped bandages, braces, or metallic adhesive devices may not be worn.
- A mouthpiece and groin protector is mandatory in all matches. Chest guards are optional.
- Safety gear is mandatory in all matches.
- Safety glasses with a restraining band will be allowed. Other types of eyewear are not acceptable.

#### laido (Swordsmanship) / Weapons (Short and long weapons) divisions:

- Long weapons division: Staff, Oar, and any other weapon longer than 4 feet.
- Short weapons division: Kama (no live blades allowed), Nunchaku, Tonfa, Sai, and any other weapon shorter than 4 feet.
- The staff must be one fist taller than the competitor and be made out of solid hard wood.
- Loss of control of weapon in competition will be grounds for disqualification.

#### **Demonstrations:**

These divisions may be musical forms/weapons or self-defense related. Demonstrations may not exceed 4 minutes in duration.

#### SHOW US WHAT YOU GOT!

#### SHOW US WHAT YOU KNOW!

#### MAKE IT A PERFORMANCE OF A LIFETIME

#### **PUI Presents**

For the first time ever A unique division to express your uniqueness in performing your art form!

#### **Demonstration Divisions (PD1, PD2 and PD3)**

Here's your chance to show your take on all the martial arts that you have learned. Add to that your artistic flare and your showmanship, and you or your team can take away this special trophy.

You can choose to do a self-defense choreography in PD-3, or an empty hand form in PD-1, or a weapons form in PD-2. You may perform in any of these divisions with or without music.

#### **Rules and Regulations Concerning Demonstration Divisions**

- Number of participants may not exceed 6 persons.
- 2. You must complete a special Team Demonstration Division Registration Form and everyone must sign it.
- 3. You must provide your own music or mats if needed.
- 4. Performance time may not exceed 4 minutes maximum.
- 5. You need not wear a martial arts uniform, but all participants must wear a minimum of a sleeveless or leotard which covers the torso and midriff, and pants or dance tights which at least cover the body area from the waist to the knees.
- 6. The use or display of any firearms, model or replica of any firearm whether or not capable of firing is strictly prohibited.
- 7. No dangerous flammable substance may be used, including live flames, pyrotechnic, or other such explosive devices.
- 8. No items or objects may be utilized which may damage or mark flooring or mats.
- Any music used for background and accompaniment must be free of offensive or abusive lyrics and contents.
- Teams may be comprised of male and female participants and may include juniors.
- 11. All performances must be appropriate for viewing by a general audience, which will include children under the age of ten. The tournament officials may at anytime limit the participation in this division, or deny entry to any performance, which they deem to include inappropriate language, portray graphic violence, or themes, which are contrary to the spirit of good sportsmanship of the martial arts.

Individual Forms, Sparring, Weapons, Basics and Demonstration Divisions (See separate sheet for Team events)

**Beginner** - 7th kyu and under (white/yellow/orange/blue)

Novice - 4th kyu to 11th kyu (green/purple)
Advanced - 4th kyu and above (brown/black)

Adult, senior men and women have special categories - see below chart

Forms/Sparring				Weapons			
	Category	Form	Sparring		Category	Long	Short
Boys & Girls	Beginner & Novice	F1	S2	Boys & Girls	Beginner & Novice	W1	W31
Age 6 & under	Advanced	F3	S4	Age 8 & under	Advanced	W2	W32
Boys & Girls	Beginner	F5	S6	Girls Age 9 to 12	Beginner	W3	W33
Age 7 to 9	Novice	F7	S8		Novice	W4	W34
	Advanced	F9	S10		Advanced	W5	W35
Girls	Beginner	F11	S12	Boys Age 9 to 12	Beginner	W6	W36
Age 10 to 13	Novice	F13	S14		Novice	W7	W37
	Advanced	F15	S16	1	Advanced	W8	W38
Boys	Beginner	F17	S18	Girls Age 13 to 17	Beginner	W9	W39
Age 10 to 13	Novice	F19	S20		Novice	W10	W40
	Advanced	F21	S22	1	Advanced	W11	W41
Girls	Beginner	F23	S24	Boys Age 13 to 17	Beginner	W12	W42
Age 14 to 17	Novice	F25	S26		Novice	W13	W43
	Advanced	F27	S28		Advanced	W14	W44
Boys	Beginner	F29	S30	Adult Women	Beginner	W15	W45
Age 14 to 17	Novice	F31	S32	Age 18 to 34	Novice	W16	W46
3	Advanced	F33	S34		Intermediate:1-3 kyu	W17	W47
				1	Black Belts	W18	W48
Adult Women	Beginner	F35	S36	Adult Men	Beginner	W19	W49
Age 18 to 34	Novice	F37	S38	Age 18 to 34	Novice	W20	W50
	Intermediate:1-3 kyu	F39	S40	1	Intermediate:1-3 kyu	W21	W51
	Black Belts	F41	S42	1	Black Belts	W22	W52
Adult Men	Beginner	F43	S44	Senior Women	Beginner	W23	W53
Age 18 to 34	Novice	F45	S46	Age 35 & over	Novice	W24	W54
	Intermediate:1-3 kyu	F47	S48		Intermediate:1-3 kyu	W25	W55
	Black Belts	F49	S50	1	Black Belts	W26	W56
Senior Women.	Beginner	F51	S52	Senior Men	Beginner.	W27	W57
Age 35 & over	Novice	F53	S54	Age 35 & over	Novice	W28	W58
	Intermediate:1-3 kyu	F55	S56		Intermediate:1-3 kyu	W29	W59
	Black Belts	F57	S58	]	Black Belts	W30	W60
Senior Men	Beginner	F59	S60	Demonstration	Forms	PD1	
Age 35 & over	Novice	F61	S62	]	Weapons	PD2	
	Intermediate:1-3 kyu	F63	S64	1	Self Defense	PD3	
	Black Belts	F65	S66	]	Basics	BA1	

Forms/Sparring <u>Up to age 9,</u> boys and girls compete together

Weapons up to age 9, boys and girls compete together

Demonstration/Performances is an open division Basic's Division open only to those that cannot finish a complete form and will be charted the day of the event

#### **TEAM DEMONSTRATION DIVISION REGISTRATION FORM (continued)**

In consideration of participation in and/or attendance at the Championship, the Undersigned and the Participant (on behalf of themselves, and their respective personal representatives, heirs, executors, administrators and assigns) hereby release, discharge, covenant not to sue, and waive any and all causes of action against PUI, and their respective affiliates, directors, officers, staff, volunteers and agents (such organizations and their respective representatives are hereinafter collectively referred to as the "Organizers") from ANY AND ALL liability to the Undersigned and the Participant, and their respective personal representatives, assigns, heirs and next of kin for ANY AND ALL harm, loss, personal injury, property damage, or death, and ANY AND ALL claims or demands therefor, that may arise during, or develop in the future as a result of the Participant's and the Undersigned's participation in or attendance at the Championship, whether caused by the NEGLIGENCE of Organizers or otherwise.

#### **INDEMNITY**

In consideration of participation in and/or attendance at the Championship, the Undersigned agrees to indemnify, defend, and hold each of the Organizers harmless from and against any and all obligations, judgments, liabilities, penalties, claims, losses, costs, demands, damages and expenses (including but not limited to reasonable attorneys fees) in any way related to, connected with or arising from (1) the acts or omissions of the Participant and the Undersigned while participating in or attending the Championship or (2) a misrepresentation, breach or default by Participant or the Undersigned of any representation, covenant or agreement contained herein.

#### GOVERNING LAW, JURISDICTION, AND FORUM SELECTION

The Undersigned agrees that California law will govern this Agreement and any dispute that arises from the Participant's and/or the Undersigned's participation in and/or attendance at the Championship. The Participant and the Undersigned consent to the personal and subject matter jurisdiction by the courts of the State of California for the County of Los Angeles and by the United States District Court for the Central District of California. The Undersigned agrees that the appropriate venue for any legal action that arises from the Participant's and/or the Undersigned's participation in or attendance of the Championship shall be in the courts of the United States in Los Angeles, California.

THE UNDERSIGNED HAS READ THIS ENTIRE AGREEMENT AND UNDERSTANDS THAT IT INCLUDES A RELEASE OF ALL CLAIMS AGAINST THE ORGANIZERS. THE UNDERSIGNED AND THE PARTICIPANT UNDERSTAND AND ASSUME ALL RISKS ARISING FROM PARTICIPATION AND/OR ATTENDANCE AT THE CHAMPIONSHIP. THE UNDERSIGNED VOLUNTARILY SIGNS HIS OR HER NAME EVIDENCING ACCEPTANCE OF ALL PROVISIONS OF THIS AGREEMENT.

Print Name	Signature of Competitor	Signature of Parent/Guardian	Date	
Print Name	Signature of Competitor	Signature of Parent/Guardian	Date	
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**MARTIAL ARTS MAY BE DANGEROUS** 

### Specially Challenged Code Sheet

Code A1 A2 A3 A4 A5	Description Aarskog Syndrome Achondroplasia Agenenis of Corpus Callosum Albinism Apraxia	Code E1 E2 E3 E4	<u>Description</u> Encephalopathy, Hypoxic-Hypotensive Encephalopathy, Toxic Epilepsy Erb's Palsy
A6 A7	Arthritis, Juvenile Arthrogryposis, Multiple Congenita	F1 F2	Fetal Alchohol Syndrome Fragile X Syndrome
A8 A9	Asperger's Syndrome Ataxia, Friedrich's	F3	Freeman Sheldon Syndrome
A10	Ataxia, Telangiectasia	G1	Galactosemia
A11 A12	Attention Deficit Hyperactivity Disorder Autism	G2	Glutaricaciduria I
		H1	Hurler Syndrome
B1	Batten Disease	H2	Hydrocephalus
B2 B3	Bell's Palsy Brain Tumors, General	H3	Hypothyroidism
B4	Branchio-Oto Renal Syndrome	J1	Joubert Syndrome
C1	Cerebral Palsy	K1	Kabuki Make-up Syndrome
C2	Charcot-Marie-Tooth Disease	K2	Klinefelter Syndrome
C3 C4	CHARGE Association Chromosome 9, Trisomy Mosaic	K3	Klippel Trenaunay Syndrome
C5	Cleft Lip and Palate	L1	Lesch-Nyhan Syndrome
C6	Cockayne Syndrome	L2	Leukodystrophy
C7 C8	Conradi-Hunermann Syndrome Cornelia de Lange Syndrome	L3	Loew's Syndrome
C9	Cri du Chat Syndrome	M1	Marfan Syndrome
C10	Crouzon Disease	M2	MELAS Syndrome
		M3	Meningitis
D1	Dandy-Walker Malformation	M4	Mental Retardation
D2	Deafness and Hearing Loss	M5	Microcephaly
D3	Dejerine Sottas Disease	M6	Mucopolysaccharidosis
D4	Diabetis, Insipidus	M7	Multiple Sclerosis
D5	Diabetis, Insulin-Dependent	M8	Muscular Dystrophy
D6	Down Syndrome	M9	Muscular Dystrophy, Duchenne
D7 D8	Dysautonomia, Familial Dyslexia	M10	Muscular Dystrophy, Fukuyama Type
D9	Dystonia, Torsion	N1	Neurofibromatosis
		N2	Noonan Syndrome
		01	Osteogenesis Imperfecta

### Specially Challenged Code Sheet (continued)

Code P1 P2 P3 P4 P5	Description Penta X Syndrome Phenylketonuria Pierre Robin Syndrome Post-Polio Syndrome Prader-Willi Syndrome
R1 R2 R3	Retinisis Pigmentosa Rett Syndrome Rubenstein-Taybi Syndrome
S1 S2 S3 S4 S5 S6 S7 S8 S9	Schizophrenia Seizures Sickle Cell Anemia Smith Lemli Optiz Syndrome Smith Magnesis Syndrome Sotos Syndrome Spina Bifida Spondylolisthesis/Spondylolysis Stroke
T1 T2 T3 T4 T5 T6 T7 T8 T9 T10	Tay-Sachs Disease Teratomas Tetralogy of Fallot Thalassemia Thirteen Q Syndrome (13Q) Tourette Syndrome Trichorhinophalangeal Syndrome Trisomy 13 (Patau Syndrome) Trisomy 18 (Edwards Syndrome) Tuberous Sclerosis Turner Syndrome
W1 W2 W3	Werdnig Hoffman Disease Williams Syndrome Wiscott Aldrich Syndrome
Z	Other: