

2023 Hapkido Competition

FORMS

General Information

Hapkido Forms may be performed empty-hand, or with a demonstration weapon. No live blades or weapons are permitted, and weapons must be inspected by judges prior to performance.

The median score is 8.5, with 7.0 being the lowest score. The highest score possible is a 9.99. Hundredths may be used by judges to create the most fair judging possible. Competitors will compete one at a time in front of a panel of 3-4 judges. Each judge will be responsible for evaluating specific criteria. It must be clear to all judges that the competitor has complete knowledge of the form, and clearly understands the bunkai of the form. Competitors may be asked to explain the bunkai after completion of their form.

Each competitor is limited to two minutes to complete his/her form. The time starts with the judge gives the command to begin.

Judging Criteria



JUDGE 1

POSTURE

Competitor must display strong, proper stances throughout the form. Competitor must also maintain balance and center of gravity to demonstrate delivery of power.



JUDGE 2

POWER

Competitor must demonstrate athleticism, power and intensity appropriate to age and rank level. Techniques must be executed with full range of motion.



JUDGE 3

PERFORMANCE

Competitor must demonstrate smooth transitions between techniques and directions, and must maintain proper pace. Competitor must begin the form at the proper place on the mats to avoid having to adjust distance during the form. Kiaps must be loud, and must match the intensity of the attached technique.



JUDGE 4

PRESENTATION

Competitor must display confidence, respect and self-control. Acknowledging mistakes during the form will result in a deduction. Competitor must display a disciplined persona throughout all phases of the demonstration. Competitor uniform must present a professional martial arts appearance.

Divisions

DIVISION	AGE	RANK	GENDER
SPECIAL NEEDS	ALL	ALL	COED
YOUTH	11 & under	GUP DAN	COED
TEEN	12-17	GUP DAN	COED
ADULT	18+	GUP DAN	COED

Hapkido Leadership Team

Hapkido Director 2023: Grand Master Scott Schwab (valormartialarts@gmail.com)

Hapkido Co-Director 2023: Master Sara Schwab

Hapkido Assistant Director 2023: Master Larry Sanford