



# Seminars by Legends

## 2023 Arnold Battle of Columbus

### Friday, March 3rd 2023



Ohio Expo Center Voinovich Building

**Cost of Seminar:** 1<sup>st</sup> seminar \$65.00, 2<sup>nd</sup> seminar \$30.00 – Until 2/5/22

1<sup>st</sup> seminar \$70.00, 2<sup>nd</sup> seminar \$35.00 – 2/6/22 through 2/20/2022

(Attire—Clean Appropriate Uniform)

----- **FRIDAY Part #1 12:00-1:30pm** -----

- |    |  |   |
|----|--|---|
| 1  | <b>Hapkido - Knife</b>                       | <b>Grandmaster Scott Schwab</b>                         |
| 2. | <b>Chinese Martial Arts - Wing Chun</b>      | <b>Grandmaster Benny Meng &amp; Master Chango Noaks</b> |
| 3. | <b>Chi Gong</b>                              | <b>Sifu Helen Yee</b>                                   |
| 4. | <b>Karate Kobudo - Bo Staff</b>              | <b>Shihan Devorah Yoshiko Dometrich</b>                 |
| 5. | <b>Budo Kyokushin Karate</b>                 | <b>Shihan Tom Callahan</b>                              |
| 6. | <b>Tang Soo Do</b>                           | <b>Grandmaster Jack Pistella</b>                        |
| 7. | <b>Filipino Martial Arts - Solo Baston</b>   | <b>Grandmaster Manuel Taningco</b>                      |
| 8. | <b>Haidong Gumdo - Intro to Korean Sword</b> | <b>Grandmaster Robert Frankovich</b>                    |

----- **FRIDAY Part #2 2:00-3:30pm** -----

- |     |   |   |
|-----|---|---|
| 9.  | <b>Hapkido - Cane</b>   | <b>Grandmaster Scott Schwab</b>         |
| 10. | <b>Chinese Martial Arts - San Da</b>  | <b>Master Vincent Meng</b>              |
| 11. | <b>Chinese Martial Arts - Kung Fu</b>   | <b>Master Sen Gao</b>                   |
| 12. | <b>Tai Chi - Chi Na</b>   | <b>Sifu Jeff Radcliff</b>               |
| 13. | <b>Karate Kobudo - Sai</b>  | <b>Shihan Devorah Yoshiko Dometrich</b> |
| 14. | <b>Movie Stunts</b>   | <b>Peter Jang</b>                       |
| 15. | <b>Filipino Martial Arts - Empty Hand Application for Sinalapid (Sinawali) &amp; Kartib (Scissor Hands)</b> | <b>Grandmaster Manuel Taningco</b>      |
| 16. | <b>Haidong Gumdo - Intro Korean Sword Cutting</b>   | <b>Grandmaster Robert Frankovich</b>    |



**Grandmaster Scott Schwab**  
Hapkido



**Grandmaster Benny Meng**  
Chinese Martial Arts



**Master Chango Noaks**  
Chinese Martial Arts



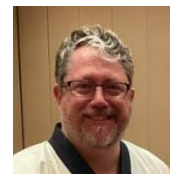
**Sifu Helen Yee**  
Chigong



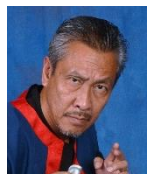
**Shihan Devorah Yoshiko Dometrich**  
Chinese Martial Arts



**Shihan Tom Callahan**  
Budo Kyokushin Karate



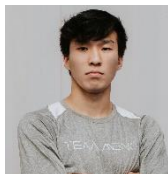
**Grandmaster Jack Pistella**  
Tang Soo Do



**Grandmaster Manuel Taningco**  
Filipino Martial Arts



**GM Robert Frankovich**  
Haidong Gumdo - Minnesota



**Master Vincent Meng**  
Chinese Martial Arts



**Master Sen Gao**  
Chinese Martial Arts



**Sifu Jeff Radcliff**  
Tai Chi



**Peter Jang**  
Movie Stunt