



Seminars by Legends

2023 Arnold Battle of Columbus

Friday, March 3rd 2023



Ohio Expo Center Voinovich Building

Cost of Seminar: 1st seminar \$65.00, 2nd seminar \$30.00 – Until 2/5/22

1st seminar \$70.00, 2nd seminar \$35.00 – 2/6/22 through 2/20/2022

(Attire—Clean Appropriate Uniform)

----- **FRIDAY Part #1 12:00-1:30pm** -----

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| 1 | Hapkido - Knife | Grandmaster Scott Schwab |
| 2. | Chinese Martial Arts - Wing Chun | Grandmaster Benny Meng & Master Chango Noaks |
| 3. | Chi Gong | Sifu Helen Yee |
| 4. | Karate Kobudo - Bo Staff | Hanshi Devorah Yoshiko Dometrich |
| 5. | Budo Kyokushin Karate | Shihan Tom Callahan |
| 6. | Tang Soo Do | Grandmaster Jack Pistella |
| 7. | Filipino Martial Arts - Solo Baston | Grandmaster Manuel Taningco |
| 8. | Haidong Gumdo - Intro to Korean Sword | Grandmaster Robert Frankovich |

----- **FRIDAY Part #2 2:00-3:30pm** -----

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| 9. | Hapkido - Cane | Grandmaster Scott Schwab |
| 10. | Chinese Martial Arts - San Da | Master Vincent Meng |
| 11. | Chinese Martial Arts - Kung Fu | Master Sen Gao |
| 12. | Tai Chi - Chi Na | Sifu Jeff Radcliff |
| 13. | Karate Kobudo - Sai | Hanshi Devorah Yoshiko Dometrich |
| 14. | Movie Stunts | Peter Jang |
| 15. | Filipino Martial Arts - Empty Hand Application for Sinalapid (Sinawali) & Kartib (Scissor Hands) | Grandmaster Manuel Taningco |
| 16. | Haidong Gumdo - Intro Korean Sword Cutting | Grandmaster Robert Frankovich |



Grandmaster Scott Schwab
Hapkido



Grandmaster Benny Meng
Chinese Martial Arts



Master Chango Noaks
Chinese Martial Arts



Sifu Helen Yee
Chigong



Hanshi Devorah Yoshiko Dometrich
Kobudo



Shihan Tom Callahan
Budo Kyokushin Karate



Grandmaster Jack Pistella
Tang Soo Do



Grandmaster Manuel Taningco
Filipino Martial Arts



GM Robert Frankovich
Haidong Gumdo - Minnesota



Master Vincent Meng
Chinese Martial Arts



Master Sen Gao
Chinese Martial Arts



Sifu Jeff Radcliff
Tai Chi



Peter Jang
Movie Stunt