OHIO JUDO, INC. presents the

ARNOLD BOC JUDO CHAMPIONSHIPS



Hosted by: Ohio Judo, Inc.

Ohio Expo Center, Lausche Building 717 17th Ave. Columbus, OH 43211

"The Olympic Sport of Judo"







Before and after practicing Judo or engaging in a match, opponents bow to each other. Bowing is an expression of *gratitude and respect*. In effect, you are thanking your opponent for giving you the opportunity to improve your technique. *Jigoro Kano, Founder of Judo*

PLEASE NOTE

All Referees, Table Workers, & Coaches are Volunteers, please show them Respect. THANK THEM for volunteering their time to make this Championship happen, without Volunteers we couldn't have this Event.

Please consider in VOLUNTEERING at Judo Events. We THANK YOU in advanced for your Service to Judo and its Players. We will be happy to TRAIN anyone on Timing, Scoring, and Pooling of Judo Matches.

PLEASE NOTE

We would like EVERYONE to STAND during our National Anthem. Let us take PRIDE in being a AMERICAN!

VISIT OHIO JUDO ON THE WEB!

http://www.ohiojudo.org/

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ARNOLD BOC JUDO CHAMPIONSHIPS

Saturday, March 2nd, 2019

Ohio Expo Center, Lausche Building 717 17th Ave. Columbus, OH 43211

Join us for the 2019 ARNOLD BOC JUDO CHAMPIONSHIPS! We hope you can be here, participate, and most of all, give us your feedback so that we can grow and improve ABOC! This event is open to all Judo athletes, including those from other States and Countries.

Please pre-register - onsite registrations won't be accepted, plus you'll save \$\$!

Please register online at www.bocworldgames.com

SANCTION: USA Judo Sanction # 21084

REGISTRATION FEE: Pre-register by 1/31/19: \$55 first division, \$10 each additional division

Pre-register by 2/14/19: \$60 first division, \$15 each additional division Pre-register by 2/22/19: \$65 first division, \$20 each additional division

SCHEDULE: Registration, Check-in, Weigh-in 8:00 to 10:00 AM

Competition Begins 10:00 AM to12:00 PM.

(Order: Master, Junior, Senior).

Opening Ceremonies 12:00 PM to 1:00 PM Competition Resumes 1:00 PM to 3:00 PM*

* Times subject to change based on events. All times are approximate. Missed events

will be forfeited with no refund.

ELIGIBILITY: All contestants must provide a valid USA JUDO, USJA, USJF, ATJA, or AJJF card. Foreign

contestants must have the proper ID from their home country. (Membership registration will also

be available at the site.) The Tournament Director reserves the right to make necessary

adjustments for the successful operation of the event. The Tournament Director may refuse any

entry that is found to contain false information.

SCORING: True Double Elimination (4 or more in a division); Round Robin (3 or fewer in a division)

MATCH TIMES: All Senior Brown/Black Divisions will be 4 minutes. All others will be 3 minutes.

MATS: 2 Mat Areas will be used

RULES: The current rules of the International Judo Federation (IJF) as modified.

1. GOLDEN SCORE will apply to ALL DIVISIONS.

- 2. NO Kansetsu waza allowed in Junior Division
- 3. Shime waza allowed for 13 yrs. of age and up, except no shime waza in any novice division
- 4. Kansetsu waza allowed in all advanced senior divisions regardless of age. (min. age for Sr. div. is 15) No Kansetsu waza in novice senior divisions
- 5. 2002 Medical Rules for Juniors
- 6. If your name is called first you must wear a white gi. Second called may wear either a blue or white gi with blue belt. If blue gi is used both contestants should wear their regular rank belts.
- 7. Must be in judo gi to receive your medal
- 8. Must have your own white & blue belts
- 9. Must have footwear on when you are off the Mat

AWARDS: Medals for first, second and third place winners.

DIVISIONS:

Junior Girls

Ages 6 & Under	Light & Heavy
Ages 7 & 8	Light & Heavy
Ages 9 & 10	Light & Heavy
Ages 11 & 12	Light & Heavy
Ages 13 & 14	Light & Heavy
Ages 15 & 16	Light & Heavy

Junior Boys

Ages 6 & Under	Light, Middle, & Heavy
Ages 7 & 8	Light, Middle, & Heavy
Ages 9 & 10	Light, Middle, & Heavy
Ages 11 & 12	Light, Middle, & Heavy
Ages 13 & 14	Light, Middle, & Heavy
Ages 15 & 16	Light, Middle, & Heavy

Masters [Male] Age Over 35

Light, Middle, & Heavy

Masters [Female] Age Over 35

Light & Heavy

Senior Males [Two Divisions]

White – Green Brown - Black Light, Middle, Middle Heavy, Heavy

Senior Females [Two Divisions]

White – Green Brown - Black Light, Middle, Heavy

Light, Middle, Heavy

(The Tournament Director reserves the right to regroup divisions and make any other changes necessary for the successful operation of the event.)

COACHES: Coaching must take place ONLY in the Coach's Chair. All Coaches will receive a Coaching

Badge at the Event. Only the Coaches with Badges may enter the Arena.

ARENA AREA: Coaches & Players only are permitted in the Arena. Spectators will not be allowed in the Arena.

HOSTED BY: Ohio Judo, Inc.

CONCESSIONS: Concessions are available at the venue. No Food or Drink allowed in the Competition Arena.

TOURNAMENT DIRECTOR: Scott Schwab, (937) 694-0029, gms@valortkd.com

CHIEF REFEREE: Russ Scherer - IJF-A Referee

REFREE MEETING: 9:00 AM

MEDICAL BY: Arnold Classic BOC Medical Staff

SPECTATORS FEE: Spectator Tickets are available for \$25/day at www.arnoldsportsfestival.com

You'll find the Ohio Expo Center and State Fairgrounds in Columbus, just north of downtown on 17th Avenue off I-71. Detailed map information can be found at www.bocworldgames.com.



ARNOLD CLASSIC BOC 2019 JUDO SHIAI

WARNING!

WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE

In consideration of being permitted to participate in any way, including travel to and from, the Arnold BOC 2019 Judo Shiai and related events and activities of USA Judo, USJA, USJF, ATJA, AJJF, Ohio Judo Inc., Arnold Classic, Oriental Martial Arts College, Valor Martial Arts, and The Ohio Expo Center, I hereby:

- 1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo.
- 2. Agree that, prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions, and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official or such condition(s) and refuse to participate.
- 3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, including permanent disability or death. Traumatic Brain Injury (TBI), and severe social and economic losses due not only to my own actions, inactions or negligence, but also to the action, inaction or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
- 4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, permanent disability or death.
- 5. Release, waive and discharge and covenant not to sue the USA Judo, USJA, USJF, ATJA, AJJF, Ohio Judo, Inc., Arnold Classic, Arnold Classic BOC, Oriental Martial Arts College, Valor Martial Arts, and The Ohio Expo Center, together with their affiliated clubs, their respective administrators, directors, agents, coaches, and other employees or volunteers of the organization, sponsoring agencies, sponsors, advertisers, and, if applicable, owners, lessors, and lessees of premises used to conduct the event, all of whom are hereafter referred to as "releasee", from any and all claims, demands, losses, or damages on account of injury, including permanent disability or death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise to the fullest extent permitted by law.

I HAVE READ THE ABOVE WARNING, WAIVER AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY ON MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE. I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW.

FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releases, and for myself, my heirs, assigns, and next of kin. I release and agree to indemnify and hold harmless the Releases from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

PRINT N	IAME	SIGNATURE	DATE
FOR PARENTS/G	GUARDIANS OF PARTICIPANTS	UNDER AGE 18	
PRINT N	IAME	SIGNATURE	DATE

I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTAND THE ABOVE AGREEMENT.

ARNOLD CLASSIC BOC 2019 JUDO SHIAI

Certificate Regarding Non-Black Belt Contestants

I,, a Judo Instructor, which has been awarded under the auspices of the USJA, US Contestant, although not having been awarded the Judo rank skill in Judo to compete in the above described event.	
Signature of Judo Instructor	-
Print Name of Judo Instructor	
Rank of Judo Instructor	-
Judo Club	-